

## **Watercraft Safety**

Learn the essential safety rules and skills for enjoying activities on the water. This includes understanding water safety guidelines, proper use of life jackets, basic paddling techniques, and how to respond in case of an emergency.

## **Planning Outdoor Adventures**

Discover how to plan exciting outdoor adventures with a focus on progression and girl-led activities. Utilize Outdoor Badges and Journeys to guide the planning process, ensuring that each adventure is both fun and educational.

## **Managing Behaviors on a Trip**

Explore effective strategies for managing group behaviors during trips. Learn techniques for promoting positive interactions, addressing conflicts, and ensuring that all participants have a safe and enjoyable experience.

## **Nature Identification Hike**

Embark on a nature hike to identify local flora and fauna. Learn to recognize different plants, trees, and wildlife, enhancing your understanding of the natural world and developing observation skills.

## **Archery**

Develop your archery skills with this hands-on activity. Learn about safety procedures, proper stance, and aiming techniques, while practicing your shot at targets in a fun and supportive environment.

## **What to Bring to Backpack and How to Pack It**

Get prepared for your backpacking adventure by learning what essential items to bring and how to pack them efficiently. This includes choosing the right gear, packing for different weather conditions, and ensuring your backpack is balanced and comfortable.

## **Weather Reading (Junior Safety Award)**

Learn how to read and interpret weather signs to stay safe outdoors. Understand weather patterns, use tools like thermometers and barometers, and learn how to make informed decisions based on weather forecasts.

## **What to Put in First Aid Kits for Different Situations**

Understand what items to include in a first aid kit for various scenarios. Learn how to customize your kit for different activities and environments, ensuring you are prepared to handle minor injuries and emergencies effectively.

## **Hiking 101/How to Pack a Day Pack**

Learn the basics of hiking, including trail etiquette, navigation, and what to bring. Discover how to pack a day pack efficiently with essential items like water, snacks, a first aid kit, and extra layers.

## **Knife Skills**

Master the safe and proper use of knives in outdoor settings. Learn different cutting techniques, how to care for your knife, and the importance of knife safety.

## **Knots**

Explore the world of knots and their various uses in outdoor activities. Practice tying essential knots for camping, climbing, and general use, such as the square knot, bowline, and clove hitch.

## **Outdoor Crafts**

Get creative with outdoor crafts such as turmeric dye sun prints and salt dough impressions. Use natural materials and techniques to make beautiful and unique crafts that celebrate nature.

## **Outdoor Cooking**

Experience different methods of outdoor cooking, from using propane grills and camp stoves to Dutch ovens and pie irons. Learn about backpacking stoves, foil pack meals, bear bags, food storage, meal planning, and hand washing to ensure a safe and enjoyable cooking experience outdoors.

## **What to Do in an Emergency**

Prepare for emergencies by learning how to respond to situations such as allergic reactions, severe weather, and other unexpected events. Gain skills in first aid, emergency communication, and creating an emergency plan.

## **Orienteering**

Develop your navigation skills through orienteering, whether it's during the day or night. Learn to use a map and compass, read terrain, and find your way in various outdoor environments.

## **Letterboxing/Geocaching**

Combine adventure with treasure hunting through letterboxing and geocaching. Use clues, maps, and GPS devices to find hidden containers, exchange trinkets, and log your discoveries.

## **Tie Dye**

Have fun creating colorful tie-dye patterns on clothing and accessories. Learn different techniques for folding, tying, and dyeing to make unique designs that reflect your personal style.